

SATURDAY, AUGUST 21, 2021 VENICE BEACH SUMMER SPORTS DAY

The <u>City of LA Department of Recreation & Parks</u>, <u>Venice Beach Recreation Center</u>, <u>L.A. City Council District 11</u>, <u>Team Venice Beach</u>, and <u>Venice Paparazzi</u> are excited to host the First Annual Venice Beach Summer Sports Day on Saturday, August 21, 2021. Everyone is invited to attend. Bring your friends, bring your family, bring your neighbor, bring your team, bring your dog, and most of all bring your game to Venice's legendary ocean front recreation area. This event is fully sponsored by Councilman Mike Bonin.

View this list of free events, classes, lessons, kids activities, cleanups, tournaments, DJ's, and free play happening all day long at the Venice Beach Recreation Center. #TeamVeniceBeach. View map below for locations.

8:00 a.m. 5km fun run with Venice Run Club. Sign up on location.

8:00 -10:00 a.m. Beginner **volleyball lessons** with Manny Andrade and Westside Volleyball. Sign up on location or at <u>@westside.volleyball</u>

8:00 a.m. - All Day. United States **Handball** Association. Registration starts at 8:00 a.m. All day competition with handball tips shared in between sessions.

8:00-All Day: **"Ultimate Frisbee"** with California Ultimate Association! C.U..A. will be teaching basic disc throws and catches in between fun games with cool prizes. 8:00-11:00 a.m. free lessons! Games all day.

- 8:30 a.m. All Day. Compete with **Venice Beach Calisthenics**, West Coast Warriorz, and Street Team! Sign up on location: 8:30-9:30 a.m. Competition: 10:00 a.m. all day. Kids, women and men are welcome to compete in the following: Pull ups, push x3 off water bottle, longest handstand, muscle ups, free style showcase, freestyle, pbar flow, best flow on main bar, ground game, and most handstand presses.
- 9:00 a.m. 5:00 p.m. **Visit the Venice Resource Fair.** Organizations involved: Friends of the Venice Boardwalk, Venice Bid, LAFD, LAPD, Venice Chamber, Venice Neighborhood Council, Venice Heritage Foundation, HELPER Foundation, S.P.Y, Hacker Fund & more. Get your Venice photos at the Venice Paparazzi photo booth.
- 9:00 a.m. All Day. **Pop Paddle Venice** to host kids clinic, exhibition matches, mini tournament, & more. Register on location. Registration starts at 9:00 a.m. Street Paddle Matches and games all day! Free lessons at Court 4: 10:00 -10:45 a.m. 11:00 -11:45 a.m. Adults Clinic.
- 9:00 a.m. All Day. Free lessons and games with Venice Beach Pickleball.
- 9:00 -11:00 am. Volunteers needed for **Venice Community Cleanup.** Register early on location at the resource center or on <u>venicecommunitycleanups.org</u>
- 9:00 a.m. **Free fitness class:** Cardio Hip Hop with **TierTime**. Sign up at <u>fitgirlclub.com</u> or on location.
- 9:00 a.m. 4:00 p.m. **Kids will enjoy sidewalk chalk art, and kids' arts and crafts tables** with Sunny Side Chalkers, and Venice Recreation Center.
- 9:00 a.m. All Day: **Hula hoop** with Eclectic Hoops. Bring your own! Hula hoops will also be provided on location.
- **9:30 -10:30 a.m. Welcoming Ceremony** with City of LA Dept. of Recreation & Parks West Region & Venice Beach Superintendent Sonya Young-Jiménez, LA Dept. of Recreation and Park's General Manager Mike Shull, Recreation & Parks Commissioner, Council District 11's Field Deputy Tristen Marler, and Team Venice Beach Founder and Venice Beach Summer Sports Day Event Producer Alex Stowell.
- 10:30 a.m. A moment of silence for Venice Bid's Paul William's at the main stage
- 10:00 a.m. All Day. Youth soccer clinic at 10:00 a.m and then games all day with **Venice Beach Football Club**. Sign up on location.
- 10:00 a.m. Sunset. Free roller skating tips and DJ all day long by Venice Skate Dance Association at the Skate Dance Plaza. Bring your roller skates.

10:00 a.m.- 2:00 p.m. **Calling all kids!** Get your **sidewalk chalk art** on with Sunny Side Chalkers. There will also be a **rainbow hopscotch obstacle**. Fun!

All day: Come play with TEQBALL

All day: **Angel City FC** is bringing out their street team van. They will be doing **soccer demos,** and sharing information on their new professional women's soccer team

10:00 a.m. **Free fitness class:** the Cakes Booty fitness class with Bakeshop. Sign up at fitgirlclub.com or on location.

10:00 a.m. Free hula class by Eclectic Hoops. Sign up on location

10:00 - 11:00 a.m. **Sound Bowl Meditation** - Sara Amy and Westside Volleyball. Sign up at @westside.volleyball

10AM-12PM Intermediate **Volleyball Lessons** - Manny Andrade and Westside Volleyball. Sign up at <u>@westside.volleyball</u>

11:00 a.m. - All Day: **Skate competitions** all day at the Venice Skate Park: Ladies Jam, Snake Run, Small Bowl. Plus BEST TRICKS: 3 BLOCK, Stairs, Clam Shell, and longest grind in the BIG BOWL, and best trick in the SNAKE RUN. Contact heidi@skateparkassociation.org

11:00 a.m. - All day. **Venice Ball's basketball league.** Come watch the best of Los Angeles street ball.

11:00 a.m. **Free fitness class:** Yoga with **Modo Yoga LA**. Sign up at <u>fitgirlclub.com</u> or on location.

TBA at Resource Fair: **Free Venice history walking tour** by Venice Bike Tours. Sign up early on location.

11:00 a.m. -12:00 p.m. Community **beach clean up** with Westside Volleyball. Sign up at westside.volleyball

12:00 p.m. **Free fitness class: Pound Fit** with Sandy Watro. Sign up at <u>fitgirlclub.com</u> or on location.

1:00 p.m. **Defenders of Muscle Beach calisthenics jam a**t Muscle Beach Gym

1:00 p.m. **Free Fitness Class: Athletic Yoga** with Kate Willson. Sign up at <u>fitgirlclub.com</u> or on location.

1:00-6:00 p.m. Live music set and free play volleyball with @westside.volleyball

2:00 p.m. **Free class: Hula hoop** with Eclectic Hoops. Sign up early on location.

2:00 p.m. **Learn to box** with Women Boxing Hall of Fame Awardee and Flag Boxing LA's founder Jill Morley!

3:00 p.m. Free self defense class with @arthur_li_jiaao. Sign up at the V-Structure.

4:00-5:30 p.m. Volunteer with the Chamber in Action Pop-up **Cleanup**. Register early on location or email Brennan, CIA Chair, at brennan@genericevents.com

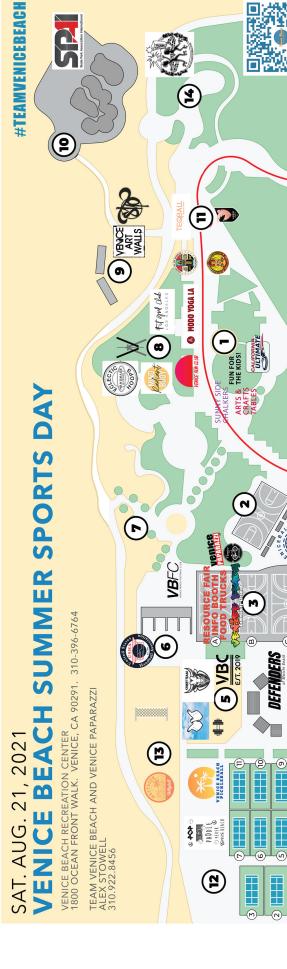
#TEAMVENICEBEACH when sharing your photos via social media! Go team!

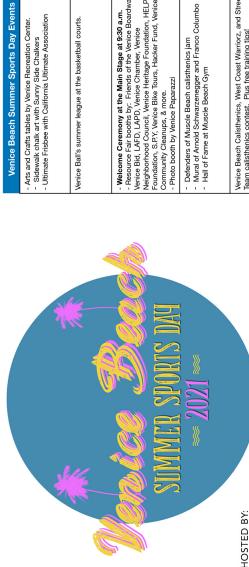
Contact Info:

Alex Stowell
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Venice Paparazzi
info@venicepaparazzi.com
310.922.8456

Venice Beach Recreation Center, 1800 Ocean Front Walk. Venice, California 90291. 310-396-6764

For updated list, please visit **TeamVeniceBeach.com**





SCULPTURE

- Fun run with Venice Run Club
- Free fithess classes by Fit Glit Club LA, Radiant Mindbody,
Modo Yoga LA, Pound, TerTime Fitness, Bakeshop Fitness,
Flag Boxing LA with Jill Morley, & Arthur Li

Venice Beach Summer Sports Day Events

OCEANFRONT WALK

VENICE BOARDWALK

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9 VENICE ART WALLS

- Sports inspired street art plus interactive kid's painting by STP Foundation at the Venice Art Walls

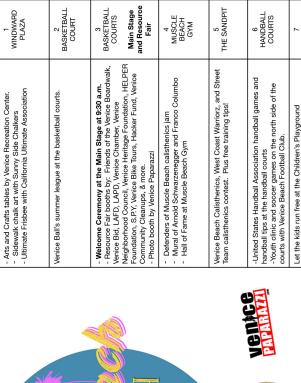
- Take a photo at the Venice Beach Summer Sports Day

mural and #TeamVeniceBeach

- Hula hooping with Eclectic Hoops

10 VENICE SKATE PARK

Skate competition hosted by Skate Park Association International, Concrete Disciples, and CG JAM CREW. Leddles Jam, Snake Run, Small Bowl.
Plus BEST TRICKS; 3 BLOCK, Stairs, Clam Shell, and longest grind in the BIG BOWL, and best trick in the SNAKE HUN.



13 VOLLEYBALL COURT

Volleyball with Westside Volleyball.
Worling: Free Isssons, sound bowl meditation, yoga, and community beach clean up.
In the afternoon: DJ and Free Play

Skate tips, DJ, and roller skating by Venice Beach Dance Association at the Skate Dance Plaza

7 CHILD'S PLAY GROUND

TeamVeniceBeach.com

For more info:

PARK PROUDLA

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MIKEBONIN

14 SKATE DANCE PLAZA

12 PADDLE TENNIS COURTS

Pop Paddle Venice and Venice Beach Pickelball at the paddle tennis courts. Free lessons and games all day.

11 SKATE PLAZA

Free skate at the Skate Plaza
 Vaccine Clinic by L.A. County of Health Services
 Come play with TEQBALL

Soccer Demos with Street Team Van

Los Angeles Fire Department 63